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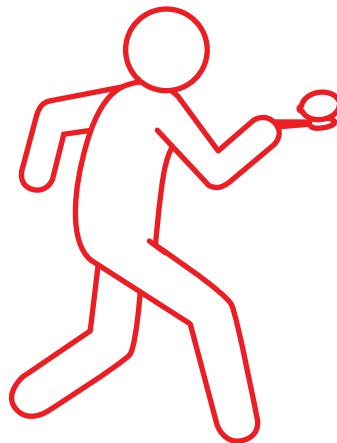
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**Materials needed:** A tablespoon and a lemon.

# Play Break 6: Can you balance a lemon?

Give your balance a test with this fun activity



## How to do the activity?

1. Find a good space around the house or outside and mark a starting and finish line.
2. Give everyone a spoon and a lemon. Out of lemons? Then use a potato, apple or something similar instead.
3. Get everyone to line up behind the starting line and put their the lemons on the end of the spoon.
4. All set? On Go! everyone races to the finish line. If you drop your lemon you can pick it up, but you have to go back to the starting line and start over again.
5. The winner is the first person to cross the finish line without dropping their lemon!

## Was it too difficult?

Try using a bigger spoon or choose something smaller to balance on the spoon. You can also allow the participants to support the lemon with a finger.

## Was it too easy?

Set up an obstacle course or make it more competitive by allowing participants to bump lightly into each other. If you dare, use a raw egg to balance on your spoon!



## Play Agent Play Tip

Let the LEGO® Play Agents guide you through the activity in this video



## What will you do next?

Go here for more activities from the LEGO® Play Agents

This activity is great for training your balance and hand eye coordination. It also trains your emotional skills.